

Patient Instructions

Collection Container:	Orange top sterile container
Instructions:	 Sputum samples should be collected before the initiation of antibiotics or following treatment failure. Collection of sputum culture is not necessary for the diagnosis of pneumonia in patients not admitted to hospital Wash hands with soap and water The sputum sample obtained should be the result of a deep cough, thick of nature and not saliva Collect an early morning specimen BEFORE breakfast DO NOT use mouthwash, brush teeth, or gargle before collecting the sputum sample If available the mouth can be rinsed with sterile water before collection The patient should cough the sputum directly into the sterile container provided Replace the container lid and close securely Wash hands after collecting the sample
Container:	 Patient's Full first and last name AND Personal Health Number (PHN) or Personal Identification Number (e.g. Refugee, Immigration, Passport, etc.) Specimen source/type (sputum) Date and time the specimen was collected
On the requisition:	• Write the date and time (YYYY-MM-DD) of collection in the space provided at the bottom of the Microbiology requisition
	 Place the labelled container into the biohazard bag provided Place the requisition into the outside pocket of the biohazard bag
sample:	 Transport the sample to the laboratory within two (2) hours of collection, or if transport is delayed, refrigerate the sample The specimen MUST be received in the laboratory within 24 hours of collection

Samples not labelled correctly and do not have a completed requisition will not be tested.

Questions? Call the Laboratory Information Centre at 403-770-3600