

**Patient Instructions** 

Collection Container:	Orange top sterile container
Instructions:	<ul> <li>Sputum samples should be collected before the initiation of antibiotics or following treatment failure.</li> <li>Collection of sputum culture is not necessary for the diagnosis of pneumonia in patients not admitted to hospital</li> <li>Wash hands with soap and water</li> <li>The sputum sample obtained should be the result of a deep cough, thick of nature and not saliva</li> <li>Collect an early morning specimen BEFORE breakfast</li> <li>DO NOT use mouthwash, brush teeth, or gargle before collecting the sputum sample</li> <li>If available the mouth can be rinsed with sterile water before collection</li> <li>The patient should cough the sputum directly into the sterile container provided</li> <li>Replace the container lid and close securely</li> <li>Wash hands after collecting the sample</li> </ul>
Container:	<ul> <li>Patient's Full first and last name AND Personal Health Number (PHN) or Personal Identification Number (e.g. Refugee, Immigration, Passport, etc.)</li> <li>Specimen source/type (sputum)</li> <li>Date and time the specimen was collected</li> </ul>
On the requisition:	• Write the date and time (YYYY-MM-DD) of collection in the space provided at the bottom of the Microbiology requisition
	<ul> <li>Place the labelled container into the biohazard bag provided</li> <li>Place the requisition into the outside pocket of the biohazard bag</li> </ul>
sample:	<ul> <li>Transport the sample to the laboratory within two (2) hours of collection, or if transport is delayed, refrigerate the sample</li> <li>The specimen MUST be received in the laboratory within 24 hours of collection</li> </ul>

Samples not labelled correctly and do not have a completed requisition will not be tested.

## **Questions? Call the Laboratory Information Centre at 403-770-3600**